



Come to our Bealtaine event this year at the Terenure Inn on Thursday May 30th 2.30pm-4.30pm. We would love to see you there for an enjoyable afternoon together of ukulele performance, music and laughter! Light refreshments will be served. Booking in advance is essential as places are limited!

SOCIAL EVENTS SPRING 2019



NEW COURSES!



Recording Memories with Video:

If a picture is worth a thousand words, then a video must be a million! This course will introduce you to the art of making videos in order to share your stories, talents, ideas or knowledge. Have you ever wanted to share your favourite recipe or tell the story of your family? Then this course is for you! [*No previous knowledge necessary, bring your smartphone or tablet/iPad and let's start recording!](#)



'Telling Tales': We are proud to announce our new workshop this term with Jean O'Brien. Jean O'Brien is an experienced tutor and poet, whose work is regularly broadcast on Sunday Miscellany. She is a prize winning writer with five published collections to her name. She holds a Masters degree in Creative Writing from Trinity College Dublin. Be sure to book your place on her 'Telling Tales' workshop today.



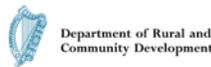
Summer jewellery making for Beginners

This 2 week course will focus on teaching you the most basic crochet stitches while making beautiful summer inspired jewellery. Let's get crafting. Beginners as well as more advanced level welcome!

[*Participants need to supply their own materials.](#)

About Us @ Terenure Enterprise Centre

The Active IT Society based at Terenure Enterprise Centre is an I.T community training initiative aimed at over 55's. A voluntary society founded in 2007, we offer training and social activities to the local and wider community. The society is run from and facilitated by Terenure Enterprise Centre, a voluntary organisation strongly committed to supporting economic development in the South City area of Dublin.



For more information about our work:

web: www.terenure-enterprise.ie

tel: 01-4903237

email: info@terenure-enterprise.ie



ACTIVE I.T. SOCIETY NEWSLETTER

IN THIS ISSUE:

- EASTER/SUMMER COURSES & WORKSHOPS
- NEW COURSES
- AITS EVENTS & PHOTOS
- BEALTAINE EVENT



WHY NOT...

- Brush up your IT skills
- Have fun learning the Ukulele
- Improve your Physical and Personal Wellbeing

Book your course today!

Call Terenure Enterprise Centre

01 4903237

or email emcloughlin@terenure-enterprise.ie

iPad Courses



iPad Basics – 4 Week Course ~ €40

Starts Tuesday April 30th ~ 10am-12pm ~ Tutor: Eileen Mc Loughlin

Beginners guide to using your iPad. This course will show you how to get to grips with the basic features and functions of your iPad covering email, Apps, camera and more.

iPad Improvers – 4 Week Course ~ €40

Starts Thursday May 2nd ~ 10am-12pm ~ Tutor: Eileen Mc Loughlin

Suitable for those who have done beginners, want to brush up on their skills and get a better grasp of their iPad. This course will cover email, the latest Apps, using safari, siri, voice dictation, settings and more.

Phone Courses



iPhone Basics and Beyond – 3 Week Course ~ €35

Starts Monday May 13th ~ 2pm-4pm ~ Tutor: John Kelly

Refresh on the basics and move onto the more advanced features of the iPhone. Topics include settings, making calls/texts, siri, email, App store, iCloud and more!

Smartphone Improvers – 2 Week Course ~ €15

Starts Friday May 24th ~ 10am-12pm ~ Tutor: Eileen Mc Loughlin

This two part course will show you how to get a better grasp of your Android Smartphone. Topics covered include Apps, photos, connecting to wifi and Bluetooth, Google Chrome, cloud storage and more!

Computer Courses/Technology Workshops

Google Maps – 1 Week Course ~ €10

Starts Tuesday May 28th ~ 10am-12pm ~ Tutor: Eileen Mc Loughlin

This workshop will look at how to find locations, directions and best routes in real time with Google Maps. Learn how to work GPS, use as a Sat Nav and download maps for offline use.

[*Best suited for smartphones, iPads and tablets.](#)

Travel Apps – 1 Week Course ~ €10

Starts Tuesday June 4th ~ 10am-12pm ~ Tutor: Eileen Mc Loughlin

This workshop will look at useful Apps for travel and holidays including duolingo, Google translate, google trips and more!

[*Best suited for smartphones, iPads and tablets.](#)

NEW! Recording Memories with Video – 4 Week Course ~ €40

Starts Wednesday May 15th ~ 2pm-4pm ~ Tutor: Vasilena Vasileva

If a picture is worth a thousand words, then a video must be a million! This course will introduce you to the art of making videos in order to share your stories, talents, ideas or knowledge. Have you ever wanted to share your favourite recipe or tell the story of your family? Then this course is for you!

[* No previous knowledge necessary, bring your smartphone or tablet/iPad and let's start recording!](#)

Well Being Courses



Dancercise – 6 Week Course ~ €35 (MAX 10

people per class)

Starts Tuesday April 30th, Terenure Enterprise Centre, Tutor: Eileen Mc Loughlin

Option 1: 2pm – 3pm | Option 2: 3pm – 4pm

Want to improve your fitness and have fun while doing so? This class will incorporate a mixture of circle dancing with some more upbeat moves of Zumba and modern dance. Both classes are the same level and all levels of fitness are welcome!



Make Up Techniques for Summer – 2 Week Course ~ €15

Starts Tuesday April 30th ~ 2pm-4pm ~ Tutor: Dorothy Godsil

Learn how to apply new tones and shades of make-up to suit you. A make-over starting with colour analysis. You will learn how to coordinate make-up, clothes and accessories with the right colours that complement your own natural colouring. [*Participants are required to bring their own makeup and mirror.](#)

Wardrobe Tips for Summer – 2 Week Course ~ €15

Starts Tuesday May 14th ~ 2pm-4pm ~ Tutor: Dorothy Godsil

Full wardrobe and nothing to wear?! Learn how to dress to suit your body shape. Unclutter and coordinate your wardrobe for Summer with Dorothy's excellent guidance.



Nutrition and Wellness for Summer 2 Week Course ~ €15

Starts Tuesday May 28th ~ 10am-12pm ~ Tutor: Sinead Griffin

This course will provide attendees with lots of practical, easy and effective tools to support them in reaching optimum health and well-being. Each class will explore the importance of diet, lifestyle and environment on mental, emotional and physical wellness.



Love, Peace and Happiness 2 Week Course ~ €15

Starts Wednesday May 22nd ~ 10am-12pm ~ Tutor: Mildred Ryan

Learn how to enhance your sense of well-being by developing these 3 important qualities in your life. Refresh your mind, body and spirit, still your mind, clear worrying thoughts, and create the life you want to live. A gentle and relaxing course suitable for beginners and those who have attended previous courses.

Hobby Courses



Telling Tales – 2 week Course ~ €15

Starts Monday May 13th ~ 10am-12pm ~ Tutor: Jean O'Brien

Everyone has a story to tell about how we got here, who we are, where we came from, what made us. In this two-part workshop we will explore the different ways to tell those tales, be it through memoir, poetry, short story or flash fiction. Just bring yourselves and a pen and some paper and we will figure out the rest together.



Ukulele Refresher – 2 Week Course ~ €15

Starts Friday May 3rd ~ 2pm-4pm ~ Tutor: Eileen Mc Loughlin

Refresh on the basics and learn to expand on your chords and play some simple and fun tunes together! [*Participants are required to bring their own ukulele](#)

Ukulele Addicts – 4 Week Course ~ €40

Starts Friday May 17th ~ 2pm-4pm ~ Tutor: Eileen Mc Loughlin

This course is aimed at those who have mastered the basics of the ukulele and want to increase their knowledge of chords and songs. The course will explore strumming, fingerpicking, finding chords by ear and more!



Summer Jewellery Making for Beginners

2 Week Course ~ €15

Starts Wednesday May 1st ~ 2pm-4pm ~ Tutor: Vasilena Vasileva

This 2 week course will focus on teaching you the most basic crochet stitches while also making some summer inspired jewellery. Let's get crafting. Beginners as well as more advanced level welcome! [* Participants need to supply their own materials.](#)



Needlecraft –

4 Week Course ~ €40

Starts Tuesday April 30th ~ 10am-12pm ~ Tutor: Bernie Sheridan
Needlecraft returns for another four weeks with Bernie Sheridan. Participants bring along their own materials for either Knitting, Tapestry, Cross Stitch, Crochet or Embroidery.

History 'The Revolutionary Period of Ireland'

6 Week Course ~ €50

Starts Friday May 3rd ~ 10am-12pm ~ Tutors: John Kelly/Anne Harte

This course will cover the revolutionary period in Ireland from 1919 to 1921. The course will also look at a selection of global songs from the 1920s to the end of the century that reflects major historical events thus making history more interesting and engaging. [*Course includes a field trip to one of Dublin's historic sites, location TBC.](#)

Ancestry – 1 Week Information Session ~ €10

Starts Thursday May 9th ~ 2pm-4pm ~ Tutor: Philip Smithers

Starting with the basics of Ancestry and how to get information about relatives from online searches. Philip will guide you through filling in the relevant information and explain the results. Exploring how DNA works with ancestry, how to go about taking a DNA test and interpreting results. [*Participants are advised to bring information about their relatives and DNA test results if taken.](#)